

Self-Determination Initiative



What is Self-Determination?

Self-Determination is a mill-levy funded program designed to support you to direct your life and jumpstart your long-term goals. Self-Determination support is available to anyone 18 or older living with an intellectual or developmental disability in Jefferson County.

We want to hear from you —

What are your personal goals?

Where do you hope to see yourself in a year? In five years?

Do you want to take a class?
Start a business?
Learn skills for home or work?

How can Self-Determination best support you to get started?

How it works

You can download or submit the Self-Determination application online at <https://ddrcco.com/self-determination-initiative/application>

Once you submit your application, the Self-Determination Coordinator will connect with you about next steps

Each request is unique. If you're unsure what Self-Determination support might look like for you, let's talk!

Self-Determination can support you to:



Find technology that's the best fit for you and learn how to use it



Plan for the future by talking with your family, friends, and other people in your life about your goals



Learn new things like cooking, playing an instrument, or other skills for home, work, or another area of your life



Take a class, hire a tutor, or work with a mentor



Use your voice to plan and work toward a future that's meaningful to you

Contact Self-Determination Coordinator, Kelly King
Kelly.king@ddrcco.com or (303) 462-6528