

Building Hope, Changing Lives, Strengthening Community

303-425-0300



www.jcmh.org

Jefferson Center
for mental health

Our mission... is to promote mental health and provide quality mental health services to persons with emotional problems and/or serious mental illness.

We are partners with our community, working together to create a place that fosters mental health and supports those with mental health challenges.

Jefferson Center for Mental Health (Jefferson Center) is the private 501 (c) (3) not-for-profit community mental health center serving Jefferson, Clear Creek and Gilpin counties for more than 50 years.

Jefferson Center has a variety of programs for people of all ages, from all walks of life and available to all members of our community. A majority of clients are uninsured or underinsured and low income.

In FY 2011, 32% of those served were children under the age of 18.

Your Nonprofit Community Mental Health Center...

- Last year, provided treatment and education to more than 18,000 people, from young children to senior citizens
- Is governed by an 18-member Board of Directors representative of the communities we serve
- Provides services in over 20 locations throughout Jefferson, Gilpin and Clear Creek counties, in addition to working in schools, nursing homes, senior centers and other locations
- Employs over 370 staff, 75% of whom are experienced mental health professionals who have expertise in specialty areas such as children and family issues, adults with mental illness, suicide prevention, early intervention, crisis management and trauma treatment

... services include:

- Clinical services including outpatient counseling for individuals and families, psychiatric medication evaluation and management, group therapy, and 24 hour/7 days a week crisis and emergency services
- Community-based support services to assist individuals with mental disorders to live and work within their community, which include employment training programs and various supportive housing programs
- Wellness and enrichment services focusing on resilience and renewed hope



Programs and Services

For all clients regardless of the program for which they are enrolled, Jefferson Center provides a basic array of services based upon individual needs: case management, medication management and additional support services as needed.

For a complete listing of all our services, call us or visit our website at www.jcmh.org

FAMILY SERVICES A comprehensive array of services to meet the needs of children and their families, including:

- Family Advocacy
- Early Intervention Services
- School-based Services
- Parenting Programs and Classes
- Family, Individual and Group Treatment
- The ROAD Youth Drop-in Center
- Suicide Prevention
- Juvenile Justice Programs
- Families Together, DBT for Adolescents, MST, FFT

ADULT SERVICES Individual, group and family services that support client strengths and independence, and encourage family involvement include:

- Peer Specialist Support
- Individual, Group & Family Therapy
- Evidence Based Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Co-occurring Treatment (substance abuse/mental illness)
- Medication Evaluation and Monitoring

SENIOR SERVICES Programs designed to meet the needs of the "60 and better" community.

- Outpatient – Individual, Group, and Family Therapy
- Senior Focus – Medicare and Private Insurance Program
- Senior Reach – Community-based services
- Nursing home outreach, evaluation, screening
- Peer-to-Peer Senior Support
- Wellness Programs

SUMMIT CENTER/VOCATIONAL ASSISTANCE

Consumers with mental illness receive assistance in attaining full or part-time employment, and developing relationship, social and employment skills at Summit Center, Jefferson Center's Clubhouse Program. Services include:

- Peer Specialist Support
- Job Readiness – including interviewing, resume writing, career exploration and job coaching
- Transitional Employment
- Supported & Independent Employment Programs

INTENSIVE Designed to meet the needs of adults with serious and persistent mental illness. Services support recovery, wellness and independent living, and range from 24-hour intensive residential services to peer-led support groups. Intensive Services include:

- Peer Specialists
- Evidence Based Programs (IDDT, DBT, IMR)
- Criminal Justice Programs/Services
- Hospital Alternative Programs
- Housing and Residential
- Individual and Group Therapy

WELLNESS SERVICES By offering an array of classes, activities, and coaching, Wellness Now teaches clients how to play a more active role in their overall health by making positive lifestyle changes. Services include:

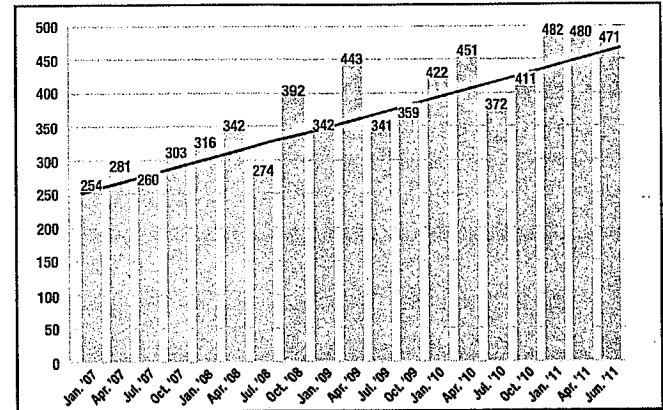
Brief Therapy Assessments, health screenings, exercise programs, and individualized coaching. Free group classes range from traditional classes like "Are You Stressed?" to mind-body interactions that can improve mental and physical health functioning such as "Morning Meditation," to classes directly promoting recovery such as "Creating the Change You Want."

NAVIGATION SERVICES Navigation Services is designed to help guide clients in accessing mental health services and in linking clients to resources at Jefferson Center and in the community.

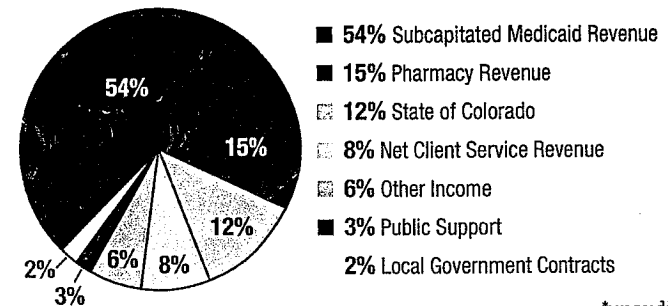
Navigation Services is available to Center clients and staff by calling 303-432-5130. Navigation can help with:

- Assessing, applying and problem solving for all public benefits
- Information about all Jefferson Center programs and services
- Information and referrals to resources in the community

Admissions From January 2007 – June 2011

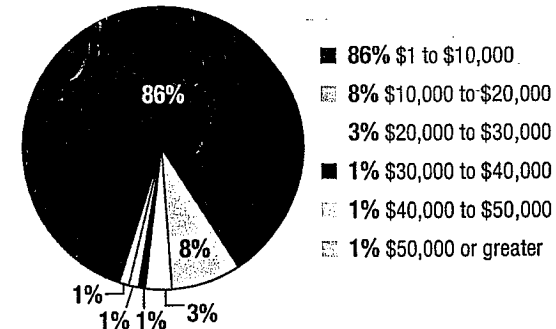


Revenues*



*unaudited

Client Income



Client Age

