



Developmental Disabilities Resource Center

Children and Family Services * 11177 West 8th Avenue Suite 300 * Lakewood, Colorado 80215
Voice (303) 233-3363 * Toll Free (800) 649-8815 * Fax (303) 233-4622

CHILDREN AND FAMILY SERVICES NEWS & RESOURCE LETTER

August 2008

Greetings!

This newsletter is distributed to families eligible for the DDRC Family Support Services Program. Here you will find useful information about our programs, as well as *other* agencies, supports and resources that might be just what you're looking for!

DDRC Central Reception 303.233.3363

CFS Staff & Direct Lines 303-462 + extension

Lindsey Adams, Service Coordinator (6645)
Rachel Baldon, Resource Coordinator (6621)
Molly Balmes, Service Coordinator (6615)
Lindsay Bollwahn, Service Coordinator (6570)
Sherri Dupuis, Resource Coordinator (6619)
Maggie Dyslin, Service Coordinator (6659)
Tracy Fields, Service Coordinator (6661)
Rosa Harford, Bilingual Service Coordinator (6658)
Monica Jeske, Service Coordinator (6657)
Susan Johnson, Director of CFS (6612)
Sue Lewis, CFS Assistant (6576)
Susanne Lindwood, Children's Intake RC (6610)
Corinne Lipski, (3-18) RC Team Leader (6617)
Allicia Maestas, Senior RC (6639)
Ryan MacDonald, Resource Coordinator (6650)
Joy Miles, (0-3) SC Team Leader (6656)
Desiree Nash-Lindenfeld, Res Coordinator (6577)
Yvette O'Hara, Service Coordinator (6586)
Ramee Otterpohl, Resource Coordinator (6613)
Sheryl Vick, Resource Coordinator (6527)
Kris Stolzenburg, Service Coordinator (6620)
Joann Wilson Resource Coordinator (6651)

DDRC's regular business hours are Monday through Thursday 8:00 AM to 5:30 PM. For information about DDRC services and other useful links visit our website at www.ddrcco.com.

VOLUNTEERS NEEDED

As the lazy days of summer draw to an end and we head into fall, it's a good time to put out the "call" for volunteers. We have dozens of consumers waiting for "matches" with someone willing to share a couple of hours once or twice a month. In addition to one-on-one matches, volunteer help is needed for seasonal events (Harvest Run, Holiday Bazaar, DDRC Players December production) and special projects. Consumers with an artistic flair are also looking for "art mentors" to help them develop skills in a variety of art mediums. For more information please call April Richey 303-462-6585 or Elizabeth Shinn 303-462-6589 in Volunteer Services.

DDRC FAMILY SUPPORT PROGRAM

The Family Support Services Program (FSSP) is intended to assist families with costs that are beyond those normally experienced by other families. The Family Support Program provides funding to address disability related needs, as well as information, support and resource coordination. Any family, who has a family member with a developmental delay or disability, living at home, may request funding. To request funding, families must fill out a Family Support Needs Assessment Questionnaire.

Family Support Needs Assessment Questionnaires for fiscal year July 1, 2008 through June 30, 2009 will be mailed to all eligible families the week of September 15th, 2008.

If you have any questions, or have an urgent need, please contact your Resource Coordinator or Susan Johnson at 303.462.6612.

AMENDMENT 51 on November BALLOT!

(Excerpts from email dated 8/11/08, Marijo Rymer, Executive Director, The Arc of Colorado)

Good News: On Friday, August 8, the Colorado Secretary of State qualified Amendment 51 for the November 4 ballot.

In Colorado, more than 12,000 children and adults who have developmental disabilities -- such as Autism, Down Syndrome, Cerebral Palsy or Mental Retardation -- are on waiting lists for lifelong care and support. Many have been waiting 10 years or longer for such vital services including 24/7 supervision, help with daily tasks, a place to live, job training or nursing services.

Amendment 51 provides funding directly for care for thousands of children and adults with a developmental disability through a modest, **phased-in sales tax of 2/10^{ths} of 1%**. Gasoline, groceries, prescription drugs, medical services and utilities remain exempt under this proposal

Vote Yes on Amendment 51—It's the right thing to do!

Join the coalition--make a contribution to the campaign.

Go to www.endcoloradowaitlist.org to learn how you can help.

MOBILIZING FAMILIES PRESENTED BY THE ARC IN JEFFERSON COUNTY

When a child is identified as having special needs, parents can feel as if they've entered an uncharted world without maps or a compass or the basic tools and information to ensure their child's well-being. There is so much to learn and do that it can be hard for families to know where to start or how to begin. Generously funded by the McDonnell Family Foundation, Mobilizing Families, an award winning program, is designed to equip families with the necessary resources to access support and be the best advocates for their children.

Classes begin September 18, 2008!

Session materials, training, dinner, and child care is provided at no cost to participants.

SESSION TOPICS INCLUDE:

Identifying the Dream: Helping families identify, accept, grieve, revise, and regenerate their dreams for their children.

Becoming an Effective Communicator: Learn communication strategies to ensure your educational and service meetings go smoothly.

Understanding Government Resources: Learn about the government agencies and programs designed to support people with disabilities.

Accessing Insurance and Medicaid Benefits
Learn how private insurance and Medicaid benefits work, and how to work within these systems.

Education Helping families learn about their educational rights, IDEA law, and what to expect during an IEP.

Accessing Community Resources Learn about a variety of local agencies that support people with disabilities and their families.

Building Relationships at Home and in the Community: This session helps families identify and tap into natural, non-agency supports in their communities.

To RSVP or for more information, please call Jo Lynn Osborne at (303) 232-1338 x206 or Email jolynn@arcjc.org.

COLORADO INDIGENT CARE PROGRAM

CICP provides discounted health care services to low income individuals at participating providers. CICP is not a health insurance program. The CICP is funded with federal and state dollars to partially compensate participating providers who provide health care to the uninsured and underinsured at or below 250% of the Federal Poverty Level. For information about Colorado's administration of CICP call the Customer Service Line 303-866-3513 or Outside the Denver Metro area 1-800-221-3943

WORKSHOP SERIES For Parents With Students on the Autism Spectrum

Workshop Topics:

- Educational Programming for Students
- Navigating Resources Like an Expert
- Addressing Core Social Deficits in Autism

DATES:

Tuesday, **October 7, 2008**

(Educational Programming presented by Jeffco Schools)

Tuesday, **November 18, 2008**

(Resource Navigation presented by Arc Advocates)

Tuesday, **January 20, 2009**

(Addressing Core Social Deficits in Autism presented by Autism Society of CO)

TIME: 6:00 p.m. – 8:00 p.m.

LOCATION: The Arc in Jefferson County
8725 West 14th Ave. (Colfax & Garrison)
Lakewood, CO 80215
303-232-1338

SPONSORS: Arc in Jefferson County,
Autism Society of Colorado,
Jefferson County Public Schools Exceptional Student Services Leadership Team

**No RSVPs required, light dessert will be served,
No child care available.**

THE DDRC PLAYERS:

Calling all differently-abled actors, ages 12 to adult, to participate in the DDRC Players Fall production of *New Clothes For The Emperor*, by Cynthia Mercati, produced by special arrangement with Pioneer Drama Service, Inc. The play is based on Hans Christian Andersen's timeless fairytale of an emperor who cares too much about clothes and not enough about the people who depend on him. With dialogue and stage action as dazzling as the emperor's extravagant clothing, this charming adaptation will bring the DDRC stage alive with laughter and an important lesson-it's the heart that makes the man, not the clothing.

Cost for the class is \$55 for the 14 sessions.

Rehearsals are Monday evenings from 6:00pm to 8:30 pm at the DDRC facility beginning September 15 and ending December 8. Final dress rehearsal is Tuesday, December 9 starting at 5:30pm.

Performances are December 10 and 11, times to be announced later.

Please call Barbara Steiner-Renaldo at the DDRC for more information, 303-462-6649.

**2008 HARVEST FESTIVAL RUN/WALK
and FAMILY FUN DAY
Sunday, September 7, 2008**

Developmental Disabilities Resource Center needs YOU! Bring your friends and family and join us for our 5th annual Harvest Festival Run! All funds raised from this year's event will benefit the DDRC 25th Hour Fund, a fund created to help individuals and families in emergency situations. Bring your friends and family and join us for our 5th annual Harvest Festival Run. This year's event will include the 5 mile run, the 3 mile walk/run, a new 1 mile easy stroll and fun activities for the whole family to enjoy!

DDRC's 2008 Harvest Festival 5 mile Run is a qualifier for the 2009 BolderBoulder Run. Put your summer training to the test on our fast, flat course. To register Online go to www.ddrcco.com or call 303-233-3363.

Start Times

8:00 A.M. 5 Mile Run
9:00 A.M. 3 Mile Run/Walk
10:00 A.M. 1 Mile Easy Stroll
Registration open 6:30 – 10:00 A.M.
Family Fun Day Activities start at 10:00 A.M.

Location

North Jeffco Park
9101 West 58th Avenue, Arvada

**DDRC BEHAVIORAL HEALTH TEAM
Trainings for Parents and Caregivers 2008**

Trainings will be held at DDRC
11177 West 8th Avenue Lakewood, CO 80215
**Understanding Why Challenging Behaviors Occur
With Children and What You Can Do About It**

This training will provide **parents/caregivers** with tools to aid in determining why their child is engaging in a particular behavior and will provide tips on how to develop strategies to change the concerning behavior.

Cost \$10 pp/\$15 per couple

Dates and Times:

November 4, 2008 9:00 to 11:00 am OR

November 5, 2008 5:30 to 7:30 pm

Facilitators: Tina Hanson, MS, BCBA and Pam Martien, MEd, BCBA

RSVP: online www.ddrcco.com or with Paula Emeson 303-233-3363. Please note: training will be cancelled if less than 5 RSVP's. Let your Resource Coordinator know if you need help with cost of training.

2008 Indoor LEGISLATIVE BARBEQUE

Tuesday, September 16th

Jeffco Fairgrounds Auditorium (just west of Indiana and south of 6th Avenue)

This is a big year with the Presidential, Senatorial, Congressional, State and County elections all taking place this November. You'll want to be there to meet the candidates and let them know that you care about people with developmental disabilities and you vote.

You won't want to miss the drawing at 7:30 for some valuable prizes! Dinner is FREE! You can bring your entire family and friends. Sign up early! We need a big crowd to make an impression to the candidates that there are a lot of voters who support people with disabilities. See you there! ***Please RSVP to Paula at 303.233.3363***

TRAINING OPPORTUNITIES FOR

FAMILIES Presented by the Autism Society of Colorado and Towers Behavioral Services LLC. All trainings will be held in Autism Society of Colorado's training room, First Bank Building, at 550 S. Wadsworth Blvd., in Lakewood.

For more information visit www.towersbehavior.com 970-554-1886 or email sam@towersbehavior.com Some scholarships are available through the Autism Society of Colorado- to apply call 720-214-0794

**Why Won't You Mind? Compliance and Attitude:
Improving Both in Your Child with a Disability.**

Cost: \$75 per person.

- Learn several procedures for increasing compliance of a child with a disability
- Considerations for using timeout
- How to solve problems commonly associated with timeout
- What to do when a child becomes old enough that timeout is no longer appropriate

November 22nd 10:00am -3:30pm

In-Home Interventions for Children with Autism

Intensive course designed for parents and others who wish to provide in home educational and behavioral interventions to children with autism.

Cost: \$350 per person

- The core and related characteristics of autism
- Understanding why behavior occurs and what it is communicating
- Implementing behavior change programs
- Effective instruction techniques for teaching new skills to children with autism

Five sessions of six hours each on Oct 4th, Oct 11th, Nov 1st, Nov 8th and Nov 15th 2008. Advanced registration is required by October 1st.

ECONOMIC STIMULUS PAYMENT

Seniors! Veterans! People with Disabilities!

Have you heard? You Can Get an Economic Stimulus Payment from the Government Worth \$300, or \$600 for Married Couples!

What is the Economic Stimulus Payment?

Congress recently approved Economic Stimulus payments for 130 million households to give them a little more income to spend during the difficult financial times many are now facing.

You can qualify for a payment:

If you had \$3,000 or more in income in 2007 from Social Security benefits; Social Security Disability Insurance (SSDI); veterans disability benefits; Railroad Retirement benefits; earnings from work; OR a combination of any of these benefits and pay. SSI-Supplemental Security Income- does not count toward the \$3000 in income you need in 2007 to get the payment.

The payment should not affect other benefits you may get, like SSI, Food Stamps or Medicaid.

To get your payment:

File a tax form (Form 1040A) with the IRS by October 15. The IRS may already have sent you Form 1040A and special instructions. You must file the form *even if you do not usually file taxes*.

If you already filed a Form 1040 or 1040A in 2008 you do not need to do anything else. If you filed a Form 1040EZ showing earnings of \$3000 or more in 2007, you do not need to do anything else.

If you are raising children or grandchildren under age 17, you should fill out a complete Form 1040A. You could get an extra \$300 per child. If you worked in 2007, you could also get a refund from the Earned Income Tax Credit or the Child Tax credit.

Have Questions?

Call the IRS at 1-866-234-2942 or visit www.irs.gov. Click on "Stimulus Payment Rebate Questions" for help.

Need More Help?

For a list of sites providing FREE assistance with filing a tax return to get the economic stimulus payment: Dial 2-1-1 (It's a free call) or go to www.piton.org/eitc

PARENT TO PARENT OF COLORADO

Parent to Parent of Colorado is a statewide resource for families with children with disabilities and/or special health care needs. They offer a listserv of over 900 families, one to one parent matching with veteran parents, a newsletter, an annual picnic and a website rich with resources (www.p2p-co.org). Please call 1-877-472-7201 or mail@p2p-co.org.

COLORADO 360 now available in JEFFERSON COUNTY!

Colorado 360 in Jefferson County is a partnership between DDRC, Jefferson County Department of Human Services, and JFK Partners/University of Colorado.

The purpose of Colorado 360 is to:

- Identify families receiving TANF who have a child with developmental disabilities
- Recognize life demands and stressors associated with having a child with developmental disabilities, which may present barriers to successful TANF participation and eventual self-sufficiency
- Identify appropriate supports and services that will assist the family receiving TANF achieve self-sufficiency

DDRC families eligible for TANF, are encouraged to call their Resource Coordinator to request a referral to the Colorado 360, Jefferson County Family Support Navigator.

For more information about Colorado 360 please contact Susan Johnson at 303-462-6612, or M. Kay Teel, Program Director, at 303-355-8322

UNITED HEALTHCARE CHILDREN'S FOUNDATION

UnitedHealthcare Children's Foundation has grants available for families struggling with child health-related expenses. Parents and legal guardians may apply for grants of up to \$5000 for child medical services and equipment (e.g.; therapy, specialists, prescriptions, wheelchairs, orthotics and eyeglasses) by completing an online application at www.uhccf.org. To be eligible for grants, children must be 16 years of age and younger. Families must meet economic guidelines, reside in the United States and be covered by a commercial health benefit plan.

STATEMENT OF POLICY and DISCLAIMER

This newsletter reports items of interest to families with a family member who has a developmental disability. DDRC does not promote, endorse or recommend any individual, organization, treatment, program, etc. Individuals or organizations referred to do not necessarily endorse this publication or its editor.

RESPIRE RESOURCES

Compiled by the Colorado Respite

Consortium. Disclaimer: Agencies listed are not

endorsed by the Colorado Respite Consortium or DDRC. This is intended as a resource for families. Families are responsible for calling, interviewing, checking references and arranging payment directly with their choice of provider.

National Respite Locator Service

A national resource that helps to locate respite agencies in your local community.
www.Specialchildrenabout.com

A Lively Homecare Service 720-260-3959

Adaptive Connections 303-790-8441

Adventures in Community 303-751-9450

Angels of Colorado Homecare 720-364-7219

Ann Marie Irwin 303-841-7310

Applied Behavioral Connections 720-220-4274

Barton Homecare 303-660-5120

Bayada Nurses 303-782-0900

Building Independence 303-617-3993

Caring Harts 720-495-4343

Caring Services 303-797-1373

Carron Center/Denver Catholic Charities

Respite program for people with developmental disabilities, all ages. In own home, or in provider's home. Call 303-742-0828, ext. 2069

Catholic Archdiocese of Denver

303-759-5150

Christina Lane Campos 303-805-1058

Discovery Club

Respite program for children six to 18 years old, of all abilities. Meets monthly on Saturdays, 10am to 4pm, October to May.
For information and locations call:
303-231-1666 ext. 237 or 303-904-6073 (Spanish)

Comfort Keepers 303-771-4400

D&D Associates 303-956-6334

Danielle Nazareus 303-798-3094

Developmental Care Solutions 720-436-2263

Developmental Family Services 303-752-2753

Dream 970-226-4058

El's Parent's Night Out @ Pathways
303-360-6600

Family Connections 303-355-8588

Gilbert Hirsch/Group Outings 303-388-4283

Jewish Family Service of Colorado
303-759-4890

KPC Kids 719-520-1019

Lauren Vaughan 303-841-4518

Linda Hansen 303-627-6271

Mike Rooney 720-297-5738

Nathan Norris 303-875-8124

New Day/Parker Day Program 303-841-1399

Night Owls 303-871-2723

One To One Developmental Services 303-680-2560

Pam Chandler 303-946-5836

Parent's Night Out @ Pathways 303-360-6600

Paz Pals 303-695-5110

Rascal Roundup/Centennial 303-690-7684

Reprieve Respite Care 303-406-3695

Respite Temps/Harmony Homes/Brighton
303-659-6992

Rob's Support & Community 303-373-0597

Sky Cliff/Day Program 303-814-2863

Take A Break Inc./ Lafayette 303-665-9741

Tate Services (Arapahoe/Douglas)
303-941-2818

Kyle Townsend 720-629-0112

Tricia Stone (Arapahoe/Douglas) 720-201-2920

Smith Agency 303-584-8926